



**Vision**  
Hospital Group  
Your care. Our focus.

**Information  
for carers**



**Caring for a patient  
undergoing day surgery:  
what you need to know**

[visionhospitalgroup.com.au](http://visionhospitalgroup.com.au)

# What can you expect at a Vision Hospital Group day surgery?

Vision Hospital Group provides state-of-the-art operating suites and specialist theatre teams in an expertly managed, no-fuss environment.

At our day surgeries, patients receive outstanding, professional care in well-appointed facilities.

We are dedicated to optimising patient outcomes and ensuring patient comfort at all times.

All of our day surgeries are fully accredited against National Safety and Quality Health Services Standards.



Global-Mark.com.au®



Global-Mark.com.au®



Rest assured  
you're in safe hands



## On the day of surgery

Patients coming for surgery must have a carer (responsible adult) to sign them out and take them home after surgery. The patient cannot take public transport home but may go home in a taxi as long as you are with them.

If you bring the patient to the day surgery, you will be required to leave and come back – please make sure the reception staff have your mobile number and that you are no further than a 30-minute drive away.

You will be contacted 30 minutes before the patient is ready to be discharged.

Let the reception staff know when you arrive, and take a seat in the waiting room. A recovery nurse will come and take you into recovery, to sign out the patient.





## What happens after the surgery?

There may be special care required after surgery such as medication, eye drops, or things that should and shouldn't be done. Please follow the instructions carefully, as this will ensure the best possible outcome for the patient.

If there are any issues after you get home, please contact the surgeon at their consulting rooms as they are the best person to assist you with any enquiries regarding post-operative care.

Patients who have had sedation can be unsteady on their feet and you will need to provide extra help or support while walking.

They will also need assistance for tasks such as:

- going up and down stairs
- getting in/out of the car
- stepping up gutters
- going to the toilet.

It is recommended that you stay with the patient overnight. Patients are not allowed to drive, operate machinery, consume alcohol or sign any legal documents for 24 hours following their surgery. If the patient has young children, please arrange for someone else to look after them.

# Frequently asked questions

## Does the patient need to take their usual medications on the day of surgery?

Unless their doctor has advised otherwise, the patient should take their usual medications with a small sip of water.

## What does the patient need to bring with them on the day of surgery?

The patient needs to bring their Medicare card, pension card and/or health fund information and any payment required.

They should not bring any valuables, or should leave them with you prior to surgery.

## How long will the patient be in the day surgery for?

This will depend on the procedure and the patient's recovery. Most patients can expect to stay between 2 and 4 hours in total.



# Contact us

For more information about the Vision Hospital Group day surgeries, contact our Head Office on **(03) 8844 4000** or email [enquiries@visionhospitalgroup.com.au](mailto:enquiries@visionhospitalgroup.com.au)

## Our state-of-the-art day surgeries

### NEW SOUTH WALES

#### Forest Road Day Surgery

Ground Level, 99A Forest Road,  
Hurstville NSW 2220

**T:** (02) 9330 6988

#### Chatswood Day Surgery

270 Victoria Ave,  
Chatswood NSW 2067

**T:** (02) 9424 9999

### QUEENSLAND

#### North Queensland Day Surgery

119 Kings Road,  
Pimlico QLD 4812

**T:** (07) 4725 2677

#### RiverCity Private Hospital

Level 2, 401 Milton Road,  
Auchenflower QLD 4066

**T:** (07) 3736 3010

#### Vision Centre Day Surgery

Ground floor, 95 Nerang Street,  
Southport QLD 4215

**T:** (07) 5528 4020

### SOUTH AUSTRALIA

#### Windsor Gardens Day Surgery

Level 1, Suite 1,  
480 North East Road,  
Windsor Gardens SA 5087

**T:** (08) 7078 5978

### VICTORIA

#### Camberwell Day Surgery

27 Denmark Hill Road,  
Hawthorn East VIC 3123

**T:** (03) 9882 1347

#### Footscray Day Surgery

89 Paisley Street,  
Footscray VIC 3011

**T:** (03) 9689 9233 [opt 2]

#### PANCH Day Surgery Centre

Corporate One Business Centre,  
Level 4, 84 Hotham Street,  
Preston VIC 3072

**T:** (03) 8560 0677

#### Whitehorse Day Surgery

852 Whitehorse Road,  
Box Hill VIC 3128

**T:** (03) 9899 9611

### CORPORATE OFFICE

#### Vision Hospital Group

Level 13, 412 St Kilda Road,  
Melbourne VIC 3004

**T:** (03) 8844 4000



[visionhospitalgroup.com.au](http://visionhospitalgroup.com.au)