



Forest Road
Day Surgery

PART OF VISION HOSPITAL GROUP

**Because you deserve
exceptional care**



State-of-the-art technology
World-class facilities
Experienced, caring staff

About us

Forest Road Day Surgery is a state-of-the-art facility designed for your comfort, safety and convenience.

Located within Hurstville's landmark East Quarter development, our premises are architect-designed and fitted with the latest technology and equipment.

We make it our priority to put you at ease as soon as you step through our doors. Our friendly, caring and highly experienced clinical and administrative team will go out of their way to ensure that you are kept relaxed and informed every step of the way. That's our commitment to you.

Our services

Forest Road Day Surgery provides a variety of surgical procedures that do not require an overnight stay, including:



Cataract and laser cataract surgery



Vision correction procedures

(e.g. refractive lens exchange)



Corneal transplantation



Minimally invasive glaucoma surgery (MIGS)



Glaucoma filtration surgery (trabeculectomy)



Vitrectomy



Pterygium surgery

Our facility

- Modern, quiet and comfortable waiting areas (magazines, TV, free WiFi)
- Fully equipped operating theatre
- Private, spacious recovery areas
- On-site sterile services department



Before surgery

Pre-admission

Your surgeon will confirm the day and time of your procedure and provide you with an information pack. Please read this pack carefully and complete the admission form, as well as any other forms.

Please return the admission form to us **at least 72 hours** prior to your scheduled procedure.

If you did not receive an admission form, call us on **(02) 9330 6988** to have one posted or emailed to you.

Our friendly staff will contact you prior to your surgery to discuss details of your admission and discharge.



On the day of surgery

Admission

Visit our website (forestroadds.com.au/patients/) for a checklist of items to bring on the day.

Please make sure to arrive on time to complete the necessary paperwork. One of our admission nurses will then begin preparing you for your surgery and show you to one of our comfortable waiting areas. You will also receive a visit from your anaesthetist prior to your procedure if applicable.



We require all accounts to be paid on the day, including any applicable health fund co-payment or excess. Uninsured patients are responsible for the total account.

After surgery

Discharge

When you are ready for discharge, the nurse will discuss any care instructions that you need to follow and provide you with a written copy to take home. Please follow all the instructions from your surgeon, including any post-operative medication requirements and dressing instructions. Following discharge, you are allowed to eat and drink as instructed by your surgeon.

If required, an appointment time will be provided for a post-operative review at your surgeon's rooms.

Patients who have been sedated or had a general anaesthetic are not allowed to travel home by themselves.

Once you are fully recovered, you will be handed over into the care of the person taking you home. You may feel slightly drowsy for 24 hours after your surgery. During this time, you are not allowed to drive, operate machinery, consume alcohol or sign any legal documents. If you have young children, please arrange for someone else to look after them.

Patients who have not had sedation or general anaesthesia can travel home by themselves once they have received their discharge instructions.

One of our nurses may contact you by phone to check on your progress the following day. If you or your carer have any concerns, please contact us immediately on **(02) 9330 6988** or call your surgeon's rooms.

Our promise

Patients can expect to receive the highest standard of care at Forest Road Day Surgery.

We consulted with surgeons and patients to decide upon various aspects of the facility - including the furniture selection and spatial requirements in the theatre and recovery areas. The waiting areas even feature special acoustic treatments, thus ensuring a quiet and calm environment for patients and carers. Our highly experienced and attentive staff are committed to ensuring your stay with us is as comfortable and relaxed as possible.

Forest Road Day Surgery meets the highest benchmark of quality standards. We are licensed with the NSW Ministry of Health and also accredited to ISO 9001 Quality Management Standards and the National Safety and Quality Health Service (NSQHS) Standards.

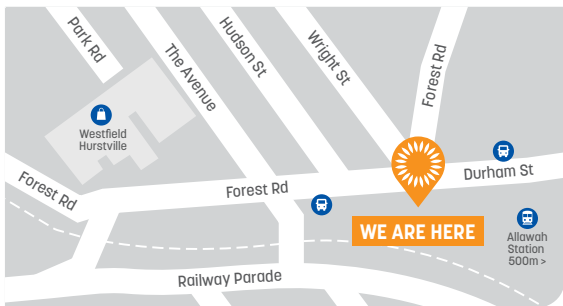




Our location

Forest Road Day Surgery is located within Hurstville's East Quarter development, with more than 200 secure parking spaces available in the building complex. Enter via 103 Forest Road.

Street parking is also available on Forest Road and Durham Street (please check the parking signs carefully as a 2-hour limit generally applies).



**Ground level, 99A Forest Road,
Hurstville NSW 2220**

Hours: 6:00 am - 5:30 pm

Phone: (02) 9330 6988 **Fax:** (02) 9580 8624

Email: enquiries@forestroadds.com.au

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forestroadds.com.au